

SERVING OTHERS

Kindergarten

OBJECTIVE

Help your child begin to understand what it means to serve others like Jesus—through kindness, helping hands, and a joyful heart.

WHAT TO KNOW

Kindergarteners are naturally curious, but they're still learning that life isn't all about them. Serving others is a beautiful way to teach humility and love while helping them be more like Jesus. They may not fully understand the word "serve," but they do understand kindness, helping, and doing something nice for someone else.

At this age, serving doesn't have to be big. Helping clean up, sharing a toy, or bringing a snack to someone can all be meaningful. Kids can learn early that serving brings joy—to others and to themselves. Most of all, they learn that Jesus served with love, and we can too.

You are their best example. They'll learn to serve by watching you and doing it with you. When you invite your child to help, they'll see that serving isn't just for grown-ups—it's something they can do now, every day.

TRUTH FROM THE BIBLE

For even the Son of Man did not come to be served, but to serve ... Mark 10:45

Jesus didn't come to be in charge or to get special treatment. He came to serve others with love.

Serve one another humbly in love. Galatians 5:13

The Bible teaches us to serve with a kind heart, not to get something in return—but to love others well.

Each of you should look not only to your own interests, but also to the interests of others. Philippians 2:4

God wants us to think about other people—not just ourselves—and care for them when we can.

Let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

Matthew 5:16

When we serve others, we shine bright and help people see how good God is.



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TALK ABOUT IT

- What does it mean to help someone?
- How do you feel when someone helps you?
- Why do you think Jesus helped people?
- What are some ways you can help others at home?
- How can you serve someone at school or church?
- Who do you know that might need help or kindness today?

Talk together about how serving can be simple but powerful. Help your child understand that we serve others because Jesus did—and when we do, we’re showing His love in real ways.

- What makes it hard to serve sometimes?

LIVE IT OUT

Plan a “Helping Hands” activity with your child—deliver treats to a neighbor, pick up litter at the park, or help sort donations for a local ministry. Serving can be simple and fun! Let your child help decide what to do so they feel involved and excited.

Afterward, talk about how it felt to help. Was it fun? Did it make someone smile? Did it make your child feel proud or thankful?

Then, make a “Helping Hands Chart” with seven handprints—one for each day of the week. Each day, help your child write or draw one way they served someone. It could be as simple as holding a door, helping a sibling, or saying something kind.

At the end of the week, celebrate with a treat or give them a “Helping Heart Award” to remind them how they showed God’s love. Keep the chart visible and revisit it often—it will help create a rhythm of service in everyday life.

PRAY TOGETHER

Take a moment to thank Jesus with your child for how He served others. Encourage your child to talk to God about the ways they want to help and show kindness this week. Keep it simple and meaningful.

"Jesus, thank You for serving others and for helping us. Help me to see when people need help, and give me a kind and loving heart to serve like You. Amen."

