

Revitalizing Your Group

Is your group in a rut? Here are a few refresher tips that can help revitalize your group and time together.

- 1. Have variety in your content and meetings. Go through a book of the Bible, pick a book to do a study on, use the Talk It Over Guides, and switch up the feel of your group! Switch up the order or the way you do things. Theme out your snacks. Get together and go do something fun. Anything will turn stale if you're always doing the same thing in the same way. Don't let a lack of creativity hurt your group experience!
- 2. Serve together. Participating in service projects is a great way to bond, mix things up, and get to know each other in a new context. There are mission partners in your community that NewPointe has a relationship with and there are a variety of ways to get involved. Talk to your Campus Pastor about the opportunities that are available.
- 3. Have a regular prayer discussion. If it's not already a part of your group time, see if someone in your group would be willing to regularly collect prayer requests and distribute them to the people in your group. Most of us aren't great at remembering details, but something as simple as an email or Facebook chain of messages can make a huge difference.
- 4. Share your stories. Personal experiences are some of the most powerful parts of who we are and yet are often the least talked about. No matter how long you've been meeting, its important to visit and re-visit each others' stories. Use the "Telling Your Story" tool to get started.
- 5. Share a meal together. Including food in your meetings is a great tradition to start if it's not already a part of your time together. You'll be amazed at the walls that come down simply by enjoying a meal together.
- **6. Rotate meeting locations.** Have everyone take turns hosting, or hold your meeting at a restaurant or the park. Change of place and pace leads to a change in perspective, and it may be just what your group needs.